Eliza Mitnick

Filmmaker and Multi-Media Journalist

Film Experience

Journey Director 2023

Directed, filmed and edited a 30-min. documentary about the recent boom in psychedelic therapy, told through the lens of a psychedelic healing guide as he leads clients on their own journeys into the self. Interviewed a New York Times science reporter and doctors from Johns Hopkins.

American Hero: Still **Running the Streets**

Director 2022

Directed a 10-min. documentary about a man from Queens public housing who reformed his life while incarcerated to become a community activist; screened in various venues in New York.

Story Syndicate

Production Assistant 2022

Supported production teams on set, conducted archival research, fact checking and tracking of scripts for a Netflix docu-series.

Vox Media

Assistant Editor 2021-2022

Ingested raw files for season three of the award-winning Netflix docu-series explained. Coordinated between DPs production managers and editors, and tracked scripts and assets from the rough cut to final deliverables.

Mayor Mohamed

Editor 2019-2020 Edited feature documentary, streaming on Amazon Prime, about a New Jersey-based Syrian refugee's mayoral campaign.

Jigsaw Productions

Assistant Editor 2019

Logged and organized for interviews and archival footage, as well as pulled selects for HBO's The Swamp, a documentary about corruption in Congress.

Big Beach Films Assistant Editor

2019

Managed all media, conducted extensive archival research and created archival spreadsheets for The Sit In: Harry Belafonte Hosts the Tonight Show, a Peacock TV documentary.

Education

New York University

Master's in Journalism, Program in News and **Documentary**

University of Chicago Bachelor of Arts, Cum Laude

2013-2017

2021-2022

Double Major: English and Comparative Race and **Ethnic Studies**

Skills

DSLR and mirrorless cameras, Avid Media Composer, Adobe Premiere Pro and After Effects, Hindenburg, proficient in Microsoft Excel, apt with social media and proficiency in Spanish.

Contact



